



APPENDIX C

COVID-19 POLICY

The Covid-19 pandemic has clearly led to widespread impact upon everyone, bringing with it a plethora of losses for individuals which may include, but are not limited to:

- Bereavement
- Health
- Employment / Education
- Freedom
- Social interaction
- Relationships

The extent and effect of the pandemic has been such that it requires the highest possible level of care, to ensure that everyone is kept safe and this is no different in the counselling environment.

In conjunction with the Privacy Policy (see Appendix B) and in the specific context of the pandemic, if Concordia Counselling becomes obliged to share client details to meet the requirements of “Track and Trace”, then only your name and telephone number will be provided. The nature of our therapeutic relationship will not be disclosed, since this is not required in the interests of public health.

Currently, until advised otherwise, it remains the policy of Concordia Counselling to conduct all sessions remotely; either via video platform, telephone or text.